



The Classical Times

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Classical Martial Arts of Long Island , 222 Bethpage-Sweet Hollow Road, Old Bethpage, NY 11804

www.classicalma.com

516-507-8421

Competition Season

The **NY Tournament League Winter Classic** was on **February 23rd**. This was the first of the six tournaments of the 2025 competitive season. The tournament included Self Defense, Weapons, Forms, and Point Sparring Divisions. We had 24 players participate and everyone scored well. We had multiple first place trophies in all divisions. This put us on a great footing for league score points, which can lead our players to qualify at the end of the year for the Awards Dinner.

The Long Island Open Martial Arts Championships

is coming up on April 6th. It is the second tournament in the **NY Tournaments League**. We are starting to prepare now. We are aiming to have our team sweep up trophies and medals in all divisions. Registration is open now and forms are in the lobby. Sign up now!

Coming up on April 26th, is the first of the American Sport Jujitsu League's tournaments, the AKT Sport Jujitsu Classic in Olean, NY. We are aiming to bring a team of players to compete. Last year we had a great time at the ASJL League events and this year we plan to attend even more.

Registration is open so let's plan to attend.

Speak to Sensei Steve to register for these great tournaments and start on the path to victory!

Spring Break Board Breaking Tournament

We had our own in-house Board Breaking Tournament called the "**Spring Break**" on Saturday March 1st, 2025 from 9am-12noon. There were three exciting divisions; **Elimination Round Breaking, Creative Breaking, and Power Breaking**. The tournament was a great success and everyone had fun. The event

was an **International Breaking Federation** sanctioned event, so we were able to host **World Record Breaking** attempts. Four of our students hit new world records; **Vivian Quijano and Grace Yunis** achieved new **Junior World Records**. **Kevin Heaney and Gary Garofalo** both achieved new adult **World Records**.
Congratulations to all!!

Sai Certification Course

We are offering a special training course on the use of the Sai taught by Sensei Mike Carmiche, who is one of Sensei Steve's teachers and is a renown expert in the Sai. This course is online and will

be available as a live broadcast for the five sessions. Each session will be recorded so that students can review. We will be at the Dojo for each class and participate together so we can help refine technique. Successful completion of the five classes along with a test of the material will allow the student to receive a Certificate in Sai Jitsu. Follow the QR code to register or speak to Sensei Steve.



Demo Team

We are starting a Demo Team to compete in the NY Tournaments League. If you

are interested, please speak to Sensei Steve or Ms. Norma. The team will have regular practice and will compete in each league tournament against other Demo Teams. It will be a great way to have fun in an artistic presentation of the Martial Arts.

Spring Member Drive

We are building up our team! Please invite friends and family members to join us on the mat. Everyone you invite gets **TWO FREE WEEKS** of training. If your guest becomes a regular member, you get a special thank you prize! **Let's build the best team ever!**